PE Curriculum Journey

Ball Skills Hands (KS1) - Basketball KS2

Reception

I can roll, bounce and push a ball with increasing control.

I can aim at a target.

I can run and move into a space

I can follow simple rules in a game.

Year 1

I can roll or throw a ball at a target with increasing accuracy.

I am ready to receive the ball and can look at my partner when passing.

I can run at different speeds and directions.

I can follow the rules and take turns.

Year 2

I can use the correct technique for dribbling and throwing underarm.

I can change direction and speed when moving with a ball.

I can move and pass a ball with increasing accuracy.

I can use simple attacking and defending strategies.

Year 3

I can pass use the correct technique when dribbling and keep possession of the ball.

I can use the correct technique for a chest pass

I can combine dribbling and passing to create space and keep control of the ball.

Year 4

I can use effective moving and passing skills to keep possession.

I know when to shoot, dribble or pass.

I know when to shoot and where is best to shoot from.

Year 5

Year 6

I can regain possession after a missed shot or if we lose possession.

I can move the ball up the court to create a scoring opportunity.

I can use different attacking tactics to create scoring opportunities.

Year 7

Can create a range of attacking and defending tactics applying these in a competitive game situation.

Can understand the role each team member will perform and begin to take on the role of captain, leading and organising others.