PE Curriculum Journey

Ball Skills Hands (KS1) - Hockey KS2

Reception

I can roll, bounce and push a ball with increasing control.

I can aim at a target.

I can run and move into a space

I can follow simple rules in a game.

Year 1

I can roll or throw a ball at a target with increasing accuracy.

I am ready to receive the ball and can look at my partner when passing.

I can run at different speeds and directions.

I can follow the rules and take turns.

Year 2

I can use the correct technique for dribbling and throwing underarm.

I can change direction and speed when moving with a ball.

I can move and pass a ball with increasing accuracy.

I can use simple attacking and defending strategies.

Year 3

I

Year 4

I can receive and pass the ball with control holding the stick correctly.

I can shoot from a good place using the correct technique.

I can mark my opponent and know when to block, intercept or tackle to gain possession.

Year 5

I

Year 6

I can combine passing/dribbling and different attacking tactics to create a successful shooting opportunity.

I can use different defending tactics to prevent attacking opportunities.

I can begin to officiate and score the game myself.

Year 7

Can create and execute a range of attacking and defending tactics.

Can understand the role each member of the team will perform.

Can take on the role of team captain, leading and organising a team.