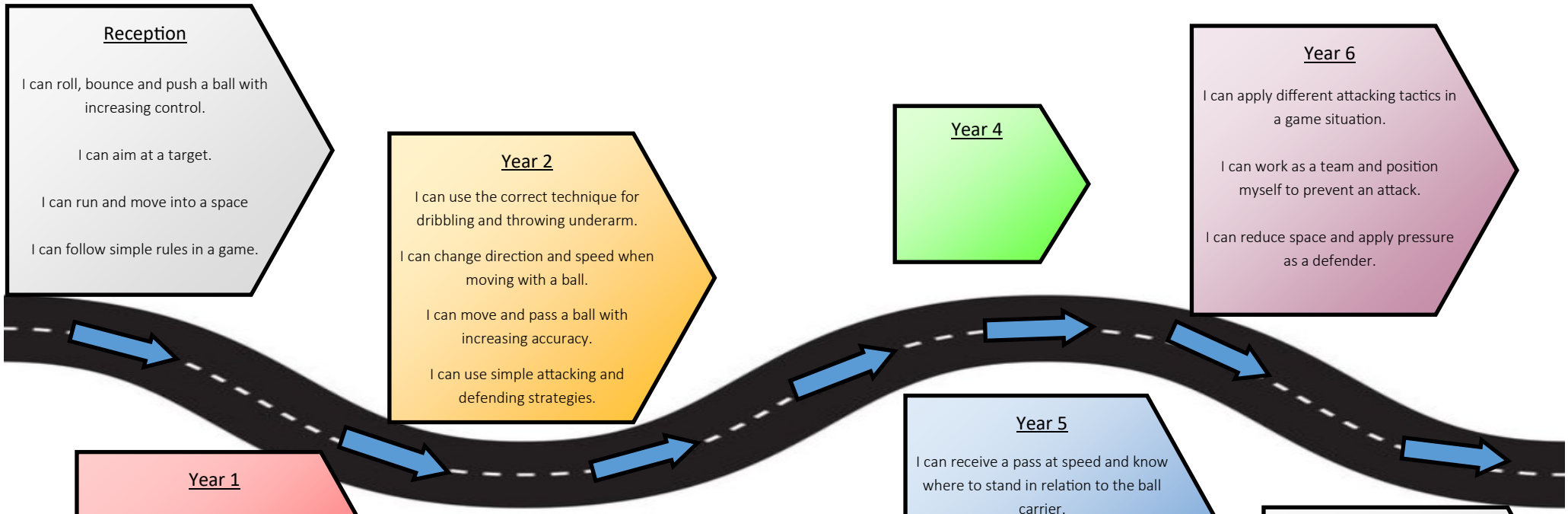
PE Curriculum Journey

Ball Skills Hands (KS1) - Tag Rugby KS2



Reception

I can roll, bounce and push a ball with increasing control.

I can aim at a target.

I can run and move into a space

I can follow simple rules in a game.

Year 1

I can roll or throw a ball at a target with increasing accuracy.

I am ready to receive the ball and can look at my partner when passing.

I can run at different speeds and directions.

I can follow the rules and take turns.

Year 2

I can use the correct technique for dribbling and throwing underarm.

I can change direction and speed when moving with a ball.

I can move and pass a ball with increasing accuracy.

I can use simple attacking and defending strategies.

Year 3

Year 4

Year 5

I can receive a pass at speed and know where to stand in relation to the ball carrier.

I can quickly release the ball when I have been tagged.

I can apply a loop and miss pass in a game situation.

Year 6

I can apply different attacking tactics in a game situation.

I can work as a team and position myself to prevent an attack.

I can reduce space and apply pressure as a defender.

Year 7

Can create and execute a range of attacking and defending tactics.

Can step back consistently when defending.

Can take on the role of team captain, leading and organising a team.