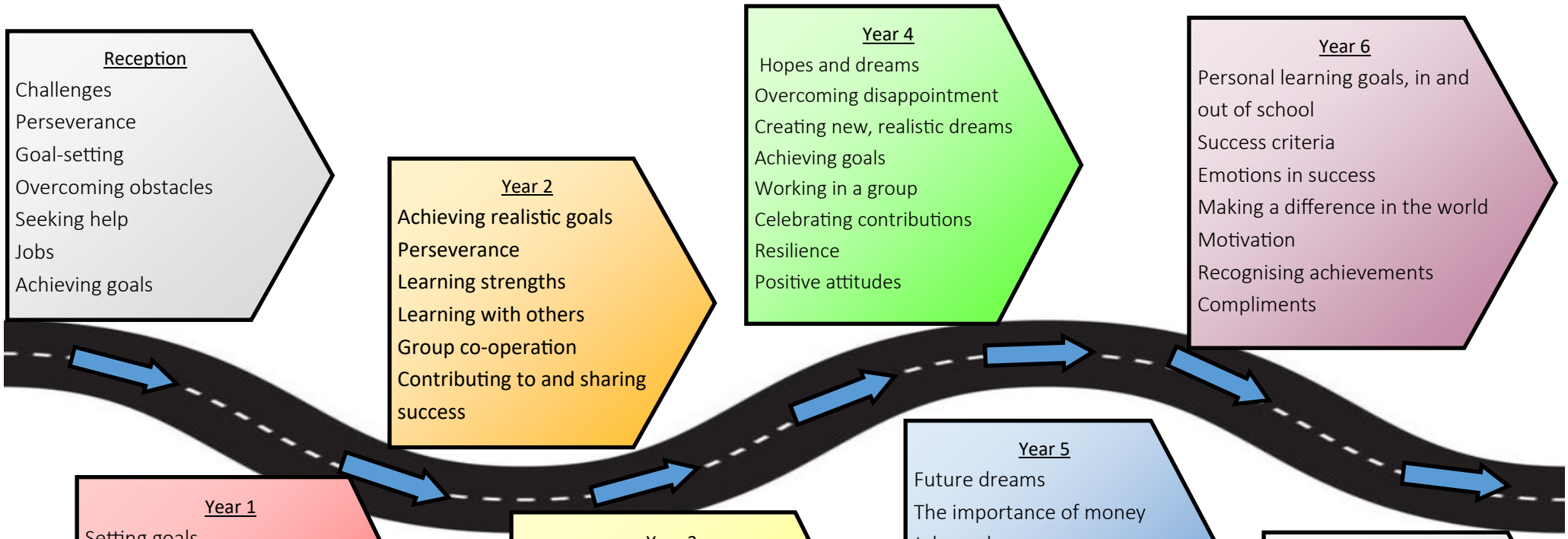
PSHE Curriculum Journey

(Dreams and Goals)



Reception

Challenges
Perseverance
Goal-setting
Overcoming obstacles
Seeking help
Jobs
Achieving goals

Year 1

Setting goals
Identifying successes and achievements
Learning styles
Working well and celebrating achievement with a partner
Tackling new challenges
Identifying and overcoming obstacles
Feelings of success

Year 2

Achieving realistic goals
Perseverance
Learning strengths
Learning with others
Group co-operation
Contributing to and sharing success

Year 3

Difficult challenges and achieving success
Dreams and ambitions
New challenges
Motivation and enthusiasm
Recognising and trying to overcome obstacles
Evaluating learning processes
Managing feelings
Simple budgeting

Year 4

Hopes and dreams
Overcoming disappointment
Creating new, realistic dreams
Achieving goals
Working in a group
Celebrating contributions
Resilience
Positive attitudes

Year 5

Future dreams
The importance of money
Jobs and careers
Dream job and how to get there
Goals in different cultures
Supporting others (charity)
Motivation

Year 6

Personal learning goals, in and out of school
Success criteria
Emotions in success
Making a difference in the world
Motivation
Recognising achievements
Compliments

Year 7

How do I build positive and respectful relationships?
What does it mean to be a UK Citizen?
How am I different from how I was in Primary School?