Progression in Vocabulary document EYFS to Y6

Please note that this document contains **new** vocabulary for each year group, relevant to the skills taught and to the planned lessons. Vocabulary from previous years is used and is built on each year.

These areas are covered in each year group

Area	EYFS	Y1	Y2	Y3	Y4	Y5	Y6
DANCE	Travel Turn Jump Up Down Clap Stretch Balance Walk	Freestyle Jig Beat Still Levels Gesture Rhythm Sequence Solo Duet Control Bob Dive Twist and turn Trot and Shuffle Skip Hop March Freeze Slide Roll Quick Slow	Shimmy Wave Carnival Samba Pose Groups Counts Stomp Heel Toe Knee Lifts Flamenco walk Spring Swish Crawl Jab Hook Uppercut Bob and weave Regular beat 8 counts Coordination Expression	Ready Stance Broken T and T Touch Down High and Low Liberty Archer Bow and Arrow Tilted Bow Floor Drill Formation Combination 32 Count beat Apples in a basket Twist and snake Pressed palm The Chop Jump and Look Bee and Flower	Hips Groove Shake Spin Point Lasso Disco Point Star Heel Pumps Night Fever	Matching Mirroring Synchronicity Precision 6 Principles of Dance Routine	Unison Canon Motif Choreography
GYMNASTICS	High Low Over Under Apparatus Jump Hop Tip-toe Roll balance Pencil Roll	Wide Narrow Curled Big Small Pike Straddle Arch Tuck Star Dish roll	Linking Flow Transition Curved Sequence Forward roll Teddy Bear roll Tucked Dish Side roll Box splits Side Splits	Extension Symmetrical Asymmetrical Matching Contrasting Backward roll Handstand Cartwheel Pivot Travelling step flight	Control Bridge levels Tucked backward roll Straddle forward roll Shoulder stand Handstand lunge Pivot Arabesque Vault	Counter balance Counter Tension Unison Canon Pike forward roll Tucked backward roll Round off Y balance	Matching Mirroring Handstand forward roll Consecutive Through vault

	Egg Roll		Front support Back Support Half turn jump Stretched jump Broad jump Step turn		Springboard		
GAMES							
Ball Skills – Feet (KS1) **Football (KS2)**	Dribbling Control Space Opponent	Attacker Defender Passing Accurate Possession	Shooting Receiving	Free kick Penalty Turning	Transition Drag back Goalkeeper	Tactics Pressure Target Tackle Shadowing Tracking Back Officiating	Counter Attack Referee Through ball Man to Man marking
Ball Skills – Hands (KS1) **Netball, Handball, Basketball, Cricket, Hockey and Tag Rugby (KS2)**	Space Control Bouncing Rolling Pushing Throwing Catching Stopping Rules Tagging Sharing	Possession Defender Attacker Dribbling Accuracy Power Batter Fielder Opponent Tactics Team	Chest Pass Underarm throw Transition	**Netball** Footwork		**Netball** Marking Shoulder pass Bounce pass	**Netball** Umpire Goal Attack Goal Defence Centre Goal Keeper Goal Shooter
				Handball Shoulder pass	**Handball** Transition Marking Free pass/throw Intercepting Shooting	**Handball** Man-to man marking Goal Side Bounce pass	
				Basketball Triple threat Chest pass Shooting	**Basketball** Marking Bounce pass. Pivot		**Basketball** Rebound Travelling Double Dribble Counter Attack High Press Foul Backcourt Violation Man to Man Marking
					**Cricket** Throwing Catching Outwit Strike Batting Fielder Out Retrieving	**Cricket** Bowling Run out Wicket keeper No ball Wide Bye	**Cricket** Umpire Boundary Four Runs Six Runs Over

					The Long Barrier		
					**Hockey** Intercepting Shooting Barrier Marking Tackling Blocking Free Hit		**Hockey** Counter Attack Man to Man Marking Goal Side
						**Tag Rugby** Dodge Try Tag Ball Carrier Forward Pass Offside Transition Outwit Loop Pass Miss Pass	**Tag Rugby** Formations Knock on Advantage
Rackets, bats and balls (KS1) Tennis and Badminton (KS2)	Pushing Balance Accuracy	Possession Control Attacker Defender Dribbling Hitting Power	Opponent Batting Fielder	Outwit Space Return Recover Baseline Forehand Rally Out	Accuracy Power Backhand Volley	Serve Shuttlecock	Tactics Lob shot Clear shot Drop shot Singles Doubles
ATHLETICS	Space Speed Walking Marching Jumping Distance Height Hopping Landing	Attacker Defender Skipping Acceleration Tag Tagging	Linking jumps Dodging Standing long jump Speed bounce Javelin	Tactics Relay Change over Pace Shot put Discus Triple Jump	Power Stride pattern Sprint finish	Evaluation Personal best Lap Extension Rotation Transfer of Weight	False start Teamwork
OAA				Communication Tactics Teamwork Strategy Navigate Orienteering Symbol Problem Solving Co-operation	Responsibility Listening Trust Map Route Out of Bounds Verbal Communication Non-verbal communication	Adapt Motivation Control Point Scale Support	Leadership Team member STEP principles