PE SUBJECT LEADER PLANNING STATEMENT

The United Nations Convention on the Rights of the Child is at the heart of everything we do at Rickmansworth Park School. The PE curriculum in particular recognises and supports these rights.

Article 15 (freedom of association) states:

> *Every child has the right to meet with other children and to join groups and organisations, as long as this does not stop other people from enjoying their rights.*

Article 29 (goals of education) states:

> *Education must develop every child's personality, talents and abilities to the full.*

Article 31 (leisure, play and culture) states:

> *Every child has the right to relax, play and take part in a wide range of cultural and artistic activities.*

"Sport has literally changed my life. I'm here because of sport. It has given me a lot of confidence, a lot of courage, and a lot of discipline. It's helped me to be the person that I've grown to be today." ***Serena Williams***

"No matter how good you get, you can always get better, and that's the exciting part." ***Tiger Woods***

Intent

At Rickmansworth Park School, our aim in PE is to create a life-long habit of exercise and physical activity whilst having fun! Our curriculum is planned to ensure the development of the physical, cognitive, social and emotional while still meeting the aims of the national curriculum. We aim to provide at least two hours of PE for each child every week and create playtimes where physical activity is encouraged with the provision of high quality play equipment. Children will learn about the positive impact that sport and exercise has on their physical but also their mental health. Engagement and opportunities to lead will be encouraged for all children, with older pupils given the opportunities to be play leaders, team captains and sports leaders.

Implementation

At Rickmansworth Park School, teachers provide a high quality and individualised curriculum when teaching PE. This curriculum is closely linked to the National Curriculum and uses its

broad objectives to inform planning. The PE planning for the whole school is supported by two schemes, **Complete PE** for most games and gymnastics units, and **imoves** for dance.

Our PE curriculum is also enriched by our attendance at a variety of local sporting festivals and competitions. In addition to this, is the support we receive from our in-house sports coach, Lizzy Duck and the Schools Sports Partnership. For many year groups, their PE curriculum is closely linked to the timetable of festivals and competitions that we attend. Our PE curriculum builds on the skills needed for participation in these events and is bespoke to the needs of our school.

An updated overview and progression of skills documents for PE ensures that there is a broad and balanced coverage across the school. The units covered ensure there is vertical progression of skills from year to year, but also allow children to revisit previous learning and build confidence and competence. In Key Stage 1, units such as balls skill (hands) progress to units such as handball or tennis in Key Stage 2. Child friendly curriculum journeys highlight the main skills and outcomes in each year, allowing children to see the sequence of learning. Lessons begin with our '3 questions' structure, used across the school in all subjects. These will generally focus on retrieval of knowledge or skills from the previous lesson, a previous year group and focus on why this new knowledge or skill will be important going forward. In Key Stage 2, not all year groups cover every sport to allow more time to build on skills and knowledge in specific sports. Units have been allocated to certain years because they support children in the festivals and competitions that the year group attends.

Dance is timetabled for every year group with an allocated time for hall space. Swimming and water safety is taught from Year 4 to Year 6 at a local swimming pool. OAA is timetabled for all Key Stage 2 classes and delivered by Lizzy Duck. All year groups also receive Health and Wellbeing lessons, in addition to that taught in the PSHE and Science curriculum. For Key Stage 1 classes, the skills covered in the practical element of these lessons provide a foundation built on by OAA in Key Stage 2. EYFS follow the statutory framework and incorporate the Physical Development ELG: Gross motor skills into their daily planning. They also use units from our PE schemes and have an allocated hall time.

The PE curriculum at Rickmansworth Park is ambitious and designed so that all children achieve well. Staff are well trained to support the needs of all pupils in a PE setting.

Impact

Importantly, pupils at Rickmansworth Park School enjoy PE. Pupil Voice across all year groups reflect this and children come equipped and ready to take part in lessons. Participation in lunchtime clubs is also high and the school achieves well in all the festivals and competitions that we attend. Despite our small size, Rickmansworth Park School continues to have a high attendance rate at events organised by our local School Sports Partnership, often reaching county finals in a variety of sport events. In July 2023, we were

awarded the Platinum Schools Game Mark as recognition of our commitment to the development of sport, high quality PE provision and sports leadership in our school.

The impact of our PE curriculum is measured by:

- Pupil voice interviews with focus groups of children each year, results of which are summarised and shared with teachers. Changes and adaptations are often made as result.
- Photos, videos, displays and class assemblies showcase children's learning and achievements.
- Assessing the children under the different areas of Dance, Gymnastics, Games, Athletics, OAA (Key Stage 2) and Swimming (Y4-6) on the Foundation Subject Tracking Document. Statements are taken from the PE Progression of Skills document and enables teachers and the Subject Leader to identify trends and children working above and below the statements.
- Subject Leader presentation to the Governors (on a rolling programme) to report on the curriculum.

The PE curriculum is reviewed annually with each year group teacher at a Subject Leader Surgery, held on an INSET day. During these meetings, the planning, learning journeys and progression of skills documents are reviewed.